SAMPLE BUDGET ON A SPREADSHEET

2 1 3 **Transfers This Typical Expenses** Month **CATEGORIES Gross Income** Giving Federal taxes IRA, 401-k, 403-b House & car ins. Electric Average Medical Non retirement investing Internet fee local taxes div. by 12 money market phone vacation vacation club auto Average gas & repairs groceries Average Misc. postage clothing Christmas club life insurance Entertainment gifts medical Savings/emergency fund trips Nat. or LP gas-budget plan Educational expense

Giving detail

Amount	Item		Monthly Auto Debits			
			\$	Item	Date debite	b
						İ
		Col 1 is the amount from each category to be transferred into				

Total

Total

1 is the amount from each category to be transferred into another acct.

Total Typical Expenses

Col 2 is this month's income and expenses

Col 3 shows averages, and provides a budget template

You can use the envelope system to pay down the categories or you can spend down the categories from your checking account.

You can transfer into checking from savings, as the need arises.

I use Quicken to categorize expenditures and generate reports,

and to reconcile my account with the bank statement.

Once you track expenses for some months, the averages will be more accurate, and you adjust accordingly.

For longer term savings, I recommend sending \$ to a money market account out-of-town, or to buy stock using auto debit. It's not so easy to liquidate.

Categories can be inserted or deleted, of course, to match your needs.